



Genetic Epidemiology of Prostate Cancer in Africa Body Mass Index

Materials Needed:

1. Stadiometer
2. Measuring tape
3. Scale

Height

Measure the patient's height using the stadiometer. Please move the sliding headpiece to rest on top of patient's head while they are standing tall.

Measured Height: cm

Weight

Have patient stand on scale and record calculated weight.

Measured Weight: kilograms

Waist Circumference

Measure the patient's waist circumference using the measuring tape. Start tape at the top of the patient's hip bone and bring it around – making sure measuring tape is at level with patient's naval then record calculation.

Measured Waist Circumference: cm

Hip Circumference

Measure the patient's hip circumference using the measuring tape. Start tape at the widest part of the patient's hip on one side and bring it around – making sure measuring tape is leveled all the way around.

Measured Hip Circumference: cm